

To provide affordable, comprehensive, highquality health care to the entire community.

December 2024

'Tis the Season - Give with Your Heart by Kerri Hodges

Before working in healthcare, I didn't fully grasp the needs of our most vulnerable community members beyond food, shelter, and clothing. That's where my donations went: I gave food to pantries, donated used clothing to various organizations, and found ways to help people experiencing homelessness. It was simply what I knew and understood.

As I've worked in healthcare, I've come to understand why this way of thinking is so common. These physical needs are understood as those necessary for survival. For many of our struggling neighbors, food, shelter, and clothing are their primary focus, and their health often suffers. It's not that health isn't important—it's that it feels impossible to prioritize when basic survival is at stake. By the time these basic needs are met, health issues have often compounded into dire conditions.



Many don't realize the extent of their health problems until they feel it's too late. For some, getting ahead of their health challenges feels like an

unattainable goal. How does a single mom choose medicine over a meal for her child? How does a homeless man pay for medication when he's just trying to find shelter from the bitter cold? How does a dad who just lost his job afford new coats for his growing children—and still care for them when they're sick?

And yet, without good health, everything else in life can be a struggle.

At All Care, I've learned that community health is about so much more than just healthcare. Our team works tirelessly to address a wide range of needs—many that most people wouldn't even realize impact an individual's health. Yes, we team up with our partners to ensure that our patients have access to basic necessities like clothing, food, and shelter. (My team members at All Care are some of the most giving people I've ever met!) But we also work to break down other barriers

We provide free healthcare transportation when none exists. Through translation services and bilingual staff, we speak our patients' languages. We help patients acquire affordable insurance and use our sliding fee scale to make healthcare accessible. Our Patient Navigators work alongside patients to tackle individual obstacles standing in the way of good health—and a good life.

The operations of a community health center are vast, and they come from the heart.

This season of giving, I encourage you to consider a gift to <u>All Care's Endow Iowa Fund</u>. This fund ensures a strong future for community health in our area, allowing us to create new programs and meet future patient needs. This fund ensures that All Care can continue to provide a healthcare solution for all, now and in the years ahead. Through December 13, the Community Foundation for Western Iowa will provide a 20% match to all gifts to our Endowment. All Care Health Center Endow Iowa Fund

You can also give to All Care's <u>Health Equity Assurance Pharmacy Fund</u>, which enables our team to ensure patients have access to life-saving medications—without having to sacrifice other essential needs.

This Giving Tuesday and throughout this Giving Season, I ask you to give with your heart. Please continue supporting organizations that meet basic needs, including food, shelter, and clothing, but also remember this: healthcare is truly a basic need.

All Care Health Center Endow Iowa Fund All Care's Health Equity Assurance Pharmacy Fund

All Care Welcomes Dr. Glenn Hurst, MD

All Care Health Center is thrilled to welcome Dr. Glenn Hurst to our team. Dr. Hurst has served as an independent physician and owner of his own practices. With a deep commitment to family medicine, Dr. Hurst brings an impressive background in areas such as addiction treatment and Medication-Assisted Treatment (MAT), aging and geriatric health, rural healthcare, and diagnostic endoscopy procedures.

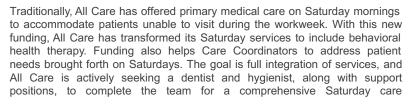
Throughout his career, Dr. Hurst has held roles as Medical Director for numerous long-term care facilities and hospice organizations across Southwest Iowa, demonstrating his dedication to both community and patient care. Additionally, he has served on the Jennie Edmundson Medical Staff, taking leadership roles, and contributed as a board member for Methodist Health Partners. Beyond his clinical work, Dr. Hurst gives back to the community through local volunteerism, including his service on the Minden City Council and his involvement in international medical missions to Jamaica. Dr. Hurst recently closed his practices in Minden and Council Bluffs.

Please join us in welcoming Dr. Hurst to All Care Health Center, where he will continue his impactful work in family medicine while supporting past, current, and new patients and their families with expert, compassionate care.

Delta Dental of Iowa Foundation Supports All Care's Efforts to Expand Access to Care



The Delta Dental of Iowa Foundation is helping All Care Health Center increase access to integrated healthcare with a new grant aimed at expanding services on Saturdays.



experience.

The Delta Dental of Iowa Foundation emphasizes its dedication to health equity, stating, "Our commitment to health equity through Community of Health grant investments is rooted in the belief that all Iowans deserve equitable access to health care. We take a comprehensive approach to addressing health disparities among individuals who are disproportionately impacted in our state."

Patients have responded positively to the expanded Saturday hours, expressing appreciation for the added convenience and access to integrated care services. All Care continues to welcome new patients to take advantage of its expanded Saturday morning services. The health center is open on Saturdays from 8:00 a.m. to 12:00 p.m., with the pharmacy available from 9:30 a.m. to 12:00 p.m.

This collaboration marks another step forward in ensuring accessible, equitable, and integrated care for the community.

All Care Chosen as First Recipient of Iowa Total Care's "100 Providers in Iowa Literacy" Program

On November 12, All Care Health Center proudly became the inaugural recipient of Iowa Total Care's "100 Providers in Iowa Literacy" program. This statewide initiative partners with healthcare providers to promote the powerful connection between health and literacy, focusing on engaging children in reading as part of their overall wellbeing.

As part of the program, All Care received a \$500 award to enhance children's literacy efforts in its lobby. With the funds, the health center has added 107 brand-new children's books and a new rotating bookshelf to create an inviting and engaging space for young readers. The collection also includes Iowa Total Care's featured book, Susie's Big Day, along with educational materials



designed to inspire curiosity, foster a love of reading, and promote health education.

This partnership underscores All Care's commitment to addressing not only medical needs but also the social determinants of health, such as literacy, that impact a child's lifelong success. By making books more accessible and fun, All Care and Iowa Total Care are working together to bring literacy to life for children and families in the community.

Keep an eye out for the new bookshelf on your next visit, and help us celebrate the joy of reading!

Making a Difference in Patient Lives: A Story of Care



Jazmine, an All Care Health Navigator, recently shared this story:

Jim was one of the first patients I assisted, and his case remains one of the most complex I've worked on. When we first met, Jim shared his frustration with the limitations caused by his standard oxygen tank. He told me, "I want to be able to go see a movie with my grandsons without worrying about running out of air. It's so heavy I can barely do anything." The weight of the tank and its limited duration made even simple outings feel impossible, leaving Jim feeling constrained and defeated.

Determined to help, I began researching solutions. I identified a company that could provide a lightweight oxygen machine, but the process was far from straightforward. Over the next three months, I navigated countless challenges alongside All Care's healthcare team, including frequent follow-ups, two walking tests, and numerous faxes to document Jim's need for oxygen. Finally, we secured the lightweight machine Jim needed. Now, Jim can enjoy outings with his grandsons and fully embrace life again.

*Names have been changed to protect patient privacy.

Jazmine's role as a Health Navigator is part of All Care's partnership with Main Street Health. She helps patients navigate the oftencomplicated healthcare system with compassion and expertise, ensuring they receive the care they need, when they need it.

This story highlights the vital, wrap-around services provided by All Care's Access Services Team. Beyond offering affordable medical, dental, mental health, and pharmacy care, this dedicated team goes the extra mile to remove barriers to health and well-being. They assist patients with health insurance applications, sliding fee scale programs, and other resources to make healthcare more accessible. Additionally, the team helps secure food, housing, transportation, and emergency assistance, and—as this story demonstrates—they ensure patients are fully supported in all aspects of their lives.



Jazmine's commitment exemplifies how All Care's holistic approach changes lives—one patient at a time.

Check out what's happening at All Care!

December 15th Marketplace Insurance Enrollment Closes

December 23rd Story Street Pantry

Visit the <u>calendar</u> on our website!

All Care's Partner of the Month



For ongoing updates, events, shout-outs, and celebrations, please like us on Facebook and follow us on Instagram. Please share with others who can benefit from our mission of affordable, comprehensive, and high-quality healthcare for the entire community.

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